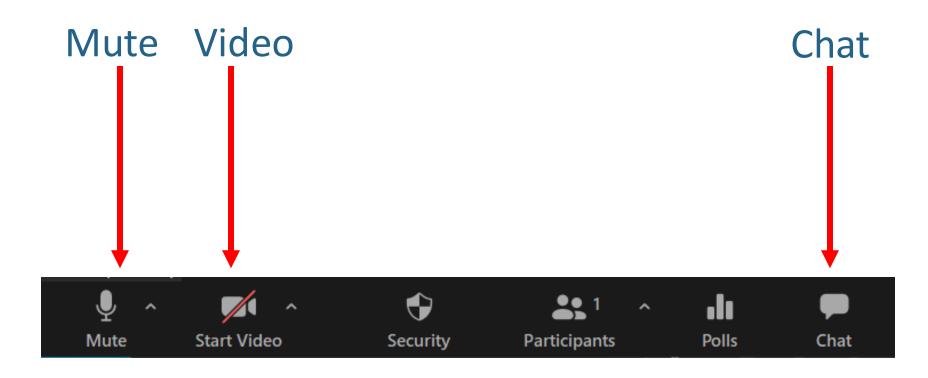
# Great Wardens Project

# Reducing Isolation for Corrections Leaders

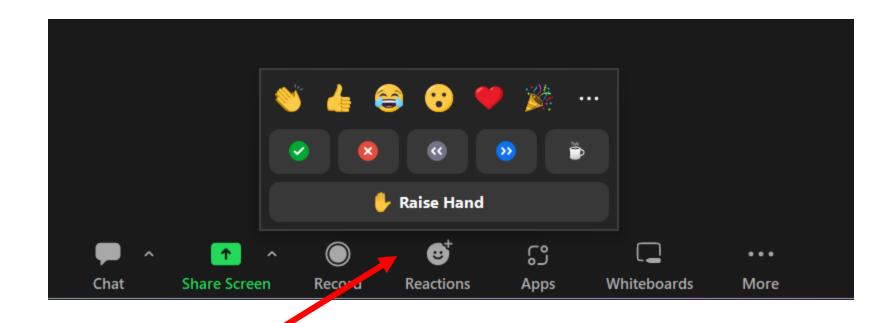
January 23, 2025

#### **Tech Check**





#### Join the Conversation





#### Mission

The Great Wardens Project provides mentorship and training to develop bold prison leaders and build a corrections culture based on safety and dignity.



#### **Core Beliefs**

- Wardens and Superintendents have a responsibility to promote safe, secure, and healthy corrections facilities.
- Advocates and prison leaders can work together to reimagine how corrections facilities operate and shape a new generation of committed corrections professionals.



# Today's Speakers



Art Beeler Federal Bureau of Prisons, ret.



Jessica Serrano Seipel
Just Detention International



#### Meet Our Task Force



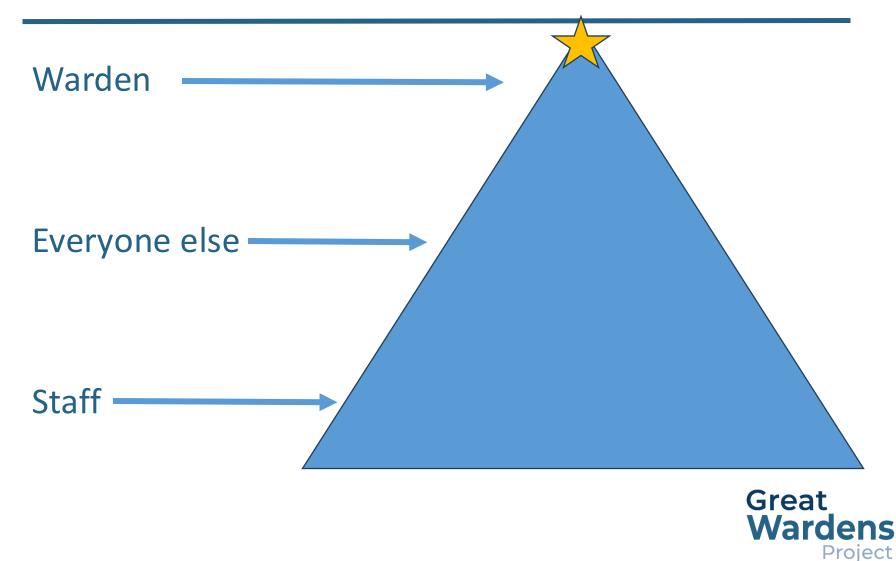


#### Discussion

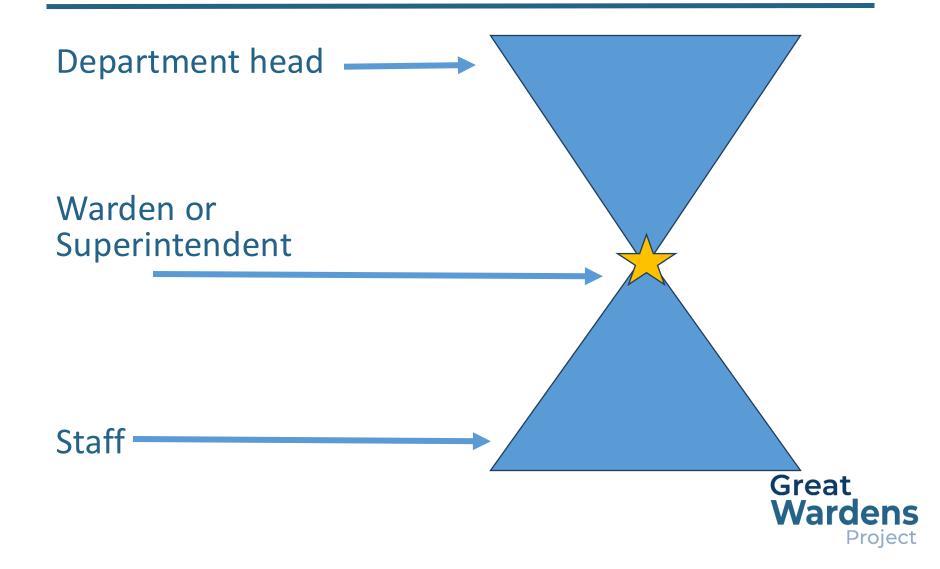
# They say it's lonely at the top....



# Staff's Perspective

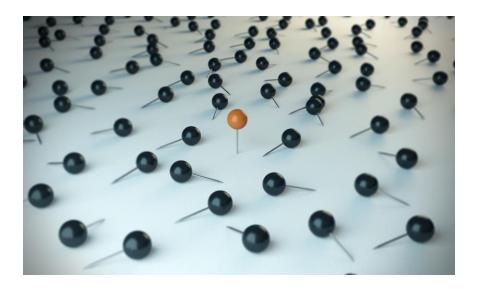


# Warden Perspective



# Leadership and Isolation

- Weight of consequences
- Hierarchy and power dynamics
- Distance from on-theground work
- Project image of confidence
- Imposter syndrome



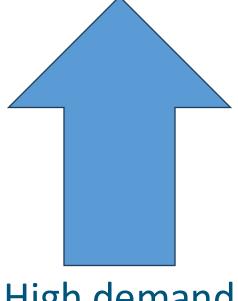


### **Corrections Fatigue**

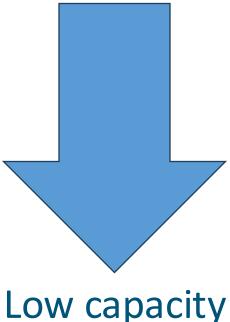
"The cumulative and commingled effects of operational, organizational, and traumatic stressors on an individual staff's personality, health, and functioning, as well as *core beliefs and behaviors*." - Dr Catarina Spinaris, Desert Waters



# Stage 1 of Corrections Fatigue







Low capacity to cope



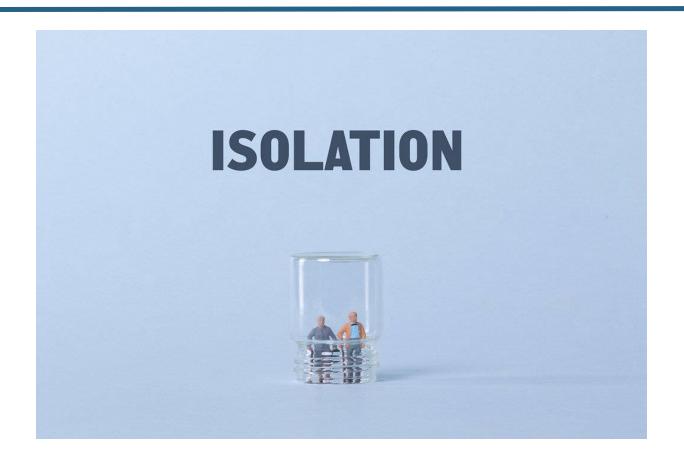
# Stages 2 of Corrections Fatigue



Depersonalization



# Stage 3 of Corrections Fatigue





#### Discussion

# How have you approached conversations about corrections fatigue in your facility?



# **Shifting Mindsets**

- "Us vs them" mentality is common
- Creates an adversarial posture as the default
- Hostility begets hostility
- Finding positive meaning becomes challenging





# **Creating Meaning**

- Rallying around a united vision
- Being intentional about making – and maintaining – connections
- Sharing the success stories





# Finding Balance

- Safety and humanization
- History and possibility
- Strength and kindness
- Us and them





# Wellness Tips

- Long-term goal rather than short-term effort
- Find your champions
- Initiatives must be bidirectional
- Wardens need wellness too!





#### Discussion

How do you create meaning in your work? How do you create meaning for your staff?



#### Remember!

- If it were easy, we'd all have it figured out by now
- Many hands make light work. You can do anything, but not everything.
- You are not alone!





#### Get Involved

For additional information, please visit our website at: greatwardens.org

#### **Direct questions**

to: greatwardens@justdetention.org

#### **Connect with JDI:**



www.facebook.com/JDIonFB



www.twitter.com/justdetention





#### **Next Summit**



April 17, 2025



#### Resources

Corrections1: How 'us against them' causes corrections fatigue

<u>Desert Waters: Mission Critical – Correctional</u> <u>Employee Health and Wellness</u>

<u>NAAWS – North American Association of Wardens</u> <u>and Superintendents</u>





# Please take a moment to share your thoughts before logging off Thank you! Great

Wardens

Project